

# **SYLLABUS**

of the

**Value-added Course**

**Insight of Basketball**

**(PESSVAC 004)**

(w.e.f. 2022-2023)



**Offered by:**

**THE DEPARTMENT OF PHYSICAL EDUCATION AND  
SPORTS SCIENCE**

**Panskura Banamali College**

**(AUTONOMOUS)**

**Panskura R.S., PurbaMedinipur  
West Bengal – 721152**

## COURSE INFORMATION IN BRIEF

<b>Course Name:</b>	<i>Insights of Basketball</i>
<b>Course Contents:</b>	Court layout, rules & regulations
<b>Course Type:</b>	Value-added Course (Optional, additional, and not a part of the CBCS curriculum)
<b>Medium:</b>	Bengali, English
<b>Mode:</b>	Offline
<b>Intake:</b>	Minimum 20; Maximum 40
<b>Eligibility:</b>	+XII, Any interested candidate in Basketball
<b>Duration:</b>	30 hours (to complete within a time span of 2 months)
<b>Course Fees:</b>	Rs. 300
<b>Coordinator:</b>	<b>Dr. Amitava Ghosal, Assistant Professor, SACT</b>
<b>Contact:</b>	Department of Physical Education & Sports Science, Panskura Banamali College (Autonomous) <a href="mailto:amitavaghosal01@gmail.com">amitavaghosal01@gmail.com</a> 8902809245 (WhatsApp only)

## Structure & Contents

### Group-A Theory

1. Construction of Indoor basketball court: Floor, Sound and Ventilation
2. Construction of outdoor basketball court: Floor, layout, Court line and marking
3. FIBA Approved equipment's of Basketball
4. Rules, Regulation and Scoring procedure of Basketball

### Suggested Readings

1. *Bill Simmons(2010). The Book of Basketball: The NBA According to The Sports Guy, Random house publishing group. ISBN: 9780345520104*